

Some things we all need to know before we can start:

1. We all need to be settled with our children by 10:20am ready to latch on for the countdown just before 10.30am.
2. We must have all completed our details on an official registration form. We count all those who attend today, all breastfeeding persons and all those who latch during the latch on. Record information will be posted on the Global Big Latch On Website, Facebook and Twitter.
3. What is counted as a "latch"? Latches include – children that are latched, use of a supplemental nursing system or nipple shield, people expressing milk (hand or pump), children receiving breast milk (expressed milk or donor milk) via an alternative method. If you have a latch please raise your hand and hand this card back to us as we count you.
4. There may be media representatives present, if you do not want your photograph to be taken, please make yourself known so we can be mindful of this.
5. After the event please complete the feedback form - link available at www.biglatchon.org. Please ask your host for the location ID code. If you give your feedback, you will have the option of being entered into a prize draw. Thank you so much for coming today.

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